

## CURRICULUM VITAE

Family name: **POLUKORDIENE**

Names: **ONA KRISTINA**

Date of birth: 07 01 1957, Vilnius

### Education

- Vilnius University, psychology studies (1975 – 1977).
- St. Petersburg State University, clinical psychology studies and diploma (1977 – 1980).
- PhD in Psychology - Doctor of Social sciences in St. Petersburg V.M. Bekhterev Psychoneurological Research Institute (1990).

### Qualification

- Highest qualification category of a clinical psychologist given by the Board of Experts representing Psychiatric Certifying Commission of Lithuanian Ministry of Health (1991).
- Qualifications of an expert psychotherapist given by Lithuanian Group Psychotherapy Association (1994).
- Lithuanian Psychotherapy Society teacher's status - given by Lithuanian Psychotherapy Society (1997).
- Highest qualification category of a psychologist - psychotherapist given by the Board of Experts representing Psychiatric Certifying Commission of Lithuanian Ministry of Health (1997).
- Licence of clinical psychologist given by the Board of Experts representing Psychiatric Certifying Commission of Lithuanian Ministry of Health (1998).
- Licence of clinical psychologist given by Union of Lithuanian Psychologists (1999).
- Licence of supervisor given by East European Association of Existential Therapy (2005).
- European Certificate of Psychotherapy given by European Association for Psychotherapy (2005).

### Professional Activities

- Psychologist at City of Vilnius Psychiatric Hospital (1980 – 1990).
- Psychologist at City of Vilnius Clinical Psychotherapy Centre (1991 – 2001). Head of Department for the Prevention and Rehabilitation of Adolescents and Young people in the City of Vilnius (1991 – 1994).
- Founder, director and trainer of Vilnius "Youth Line" (1991 – 2001).
- Lecturer at Vilnius University Department of Medicine (1991 – 2000).
- Founder, director and psychologist - psychotherapist of Youth Psychological Aid Centre – a non-governmental, not for profit organization (1993 – 2013).
- Lecturer of psychotherapy at the Institute of Humanistic and Existential Psychology (since 1998 until present).
- Private psychologist - psychotherapist practicing under the Certificate of Individual Practice (since 2013 until present).
- Member of Supervision Committee at the Institute of Humanistic and Existential Psychology (since 2016 until present).

### Membership of professional bodies

- Member of Lithuanian Psychotherapy Society (since 1990).
- Member of Union of Lithuanian Psychologists (since 1990).
- One of founders and member of Lithuanian Group Psychotherapy Association (1991 - 2000): Board member (1991 – 1996). President (1992 – 1994).
- Member of International Association of Group Psychotherapy (1992 – 1997).
- One of founders and member of Lithuanian Suicidality Association (1995 – 1999). Board member (1995 – 1999).
- Member of International Association of Suicide Prevention (1995 – 1996).

- One of the founders and President of Lithuanian Association of Telephone Emergency Services (1996 – 2002).
- Member of East Europe Association of Existential Therapy (since 2001 until present). Board member (2006 - 2015). The Chair of the Ethics Committee (since 2015 until present).

### Other activities

- Board member of Child Support Centre (since 1998 until present).
- Board member of Lithuanian Volunteer Centre (1998 – 2000).
- Member of National Health Board of Lithuania (1998 – 2001): the board functions as an advisory body for the Parliament and Government of Lithuania.
- Board member of International Programme “Reaching Young Europe” in Lithuania (1999 – 2000).
- Board member of Non-governmental Information and Support Centre (2000 - 2010).
- Member of Council of Community Health at Vilnius City Municipality (2001 – 2003).
- Board Member of NGO “Vaiko labui” (“For the Interest of the Child”, 2003 – 2006).
- Fellow of International Association of Social Innovators for the Public “Ashoka” (since 2002 until present).
- One of the founders of Relief Foundation “Youth Line” (2011).

### Present position

- Lecturer at the Institute of Humanistic and Existential Psychology in Birštonas (psychotherapy, supervisions, theoretical and practical program “Overcoming of Psychological Crisis”).
- Private psychologist - psychotherapist practicing under the Certificate of Individual Practice in Vilnius: individual and group psychotherapy, crises intervention, art therapy, supervisions.

### Books

1. **Polukordienė O.K. Psichologinės krizės ir jų įveikimas** /Pagrindinės žinios apie krizių ir savižudybių prevenciją, intervenciją ir postvenciją / praktinis vadovas. – Vilnius: Heksagrama, 2003. – 99 p. (Polukordienė O. K. Psychological Crisis and Overcoming / Basic knowledge about the crisis and suicide prevention, intervention and “postvention” / Practical Guide. - Vilnius: Hexagrama, 2003. – 99 p.).
2. **Draugo laišakai.** - Leidinio sudarytojai: K.O.Polukordienė, A.Kazlauskaitė, P.Skruibis, R.Aleliūnaitė /Leidinį redagavo K.O.Polukordienė – Vilnius: Heksagrama, 2004. – 144 p. (Letters to a Friend. Compiled by K. O. Polukordienė, A. Kazlauskaitė, P. Skruibis, R. Aleliūnaitė/ Edited by K. O. Polukordienė. Heksagrama, Vilnius, 2004. – 144 p.).
3. **Netektys.** Draugo laišakai–II. Leidinio sudarytojai K.O.Polukordienė, A.Kazlauskaitė, P.Skruibis, R.Aleliūnaitė, M.Bagdonienė / Leidinio tekstas apie netektis ir redakcija – Dr. K.O.Polukordienė. Vilnius: Heksagrama, 2005. - 72 p. (Losses. Letters to a Friend II. Heksagrama, Vilnius, 2005. Compiled by K. O. Polukordienė, A. Kazlauskaitė, P. Skruibis, R. Aleliūnaitė / A text about bereavement and edition by K. O. Polukordienė, Heksagrama, Vilnius, 2005. – 72 p.).
4. **Polukordienė O.K. Netekčių psichologija. - Vilnius, 2008. – 112 p.** (K. O. Polukordienė - The Psychology of Losses. - Vilnius, 2008. – 112 p.).
5. **Krizių valdymas mokyklose** / Metodinė medžiaga mokyklų krizių valdymo komandoms. Medžiagą parengė: dr. Kristina Ona Polukordienė, dr. Paulius Skruibis, Marija Bagdonienė, Virginija Rekuč, Irma Skruibienė. – Vilnius: Jaunimo psichologinės paramos centras, 2010. – 62 p. Projekto vykdytojas ir leidėjas - Specialiosios pedagogikos ir psichologijos centras. (Crisis Management In Schools / Methodological materials. Compiled by dr. Kristina Ona Polukordienė, dr. Paulius Skruibis, Marija Bagdonienė, Virginija Rekuč, Irma Skruibienė. – Vilnius: Youth Psychological Aid Centre, 2010. – 62 p.).
6. **Savižudybių prevencija mokyklose** / Metodinė medžiaga mokykloms. Parengė: dr. Kristina Ona Polukordienė, dr. Paulius Skruibis, Virginija Mikėnienė, Jelena Trofimova. Vilnius: Jaunimo

psichologinės paramos centras, 2012. - 52 p. Projekto vykdytojas ir leidėjas - Specialiosios pedagogikos ir psichologijos centras. (Suicide Prevention in Schools / Methodological materials. Compiled by dr. Kristina Ona Polukordienė, dr. Paulius Skruibis, Virginija Mikėnienė, Jelena Trofimova. Vilnius: Youth Psychological Aid Centre, 2012. – 52 p.).

7. **Профилактика самоубийств в школе** / Программа. Подготовили: д-р Кристина Она Полукардене, д-р Паулюс Скрийбис. Перевод на русский язык - Юлия Абакумова Кочюнене. Издано Россиской организацией "Общинное дравоохранение". Вильнюс, 2013. - 40 с. (The Suicide Prevention in Schools / Programme. Compiled by dr. Kristina Ona Polukordienė, dr. Paulius Skruibis. Russia, The organization "Community Health", 2013. – 40 p.).

## Awards

- **Award “For the Support to the Police”** from the Police Department under the Ministry of Internal Affairs (2006).
- **Laureate of the St. Christopher' Statuette** (2006). - an annual award given to the most deserving people of the city of Vilnius and organizations for achievements in business, culture and the arts, sports, education and science, health care, law, tourism, charity and other areas.
- **Lithuanian Psychologists Association's award of Professor Alfonsas Gučas** for personal initiative and efforts in suggesting and professionally implementing a valuable idea for society or community of psychologists (2008).
- **Medal of Order for Merits to Lithuania (2014)**. This medal is an award, presented by the President of Lithuania, which may be conferred to citizens of Lithuania and foreign nationals for distinguished services promoting the name of Lithuania, expanding a develop international relationships, for distinguished merits in social, culture, science, business, sport, military and in other areas.

## Language

Lithuanian (native), Russian (fluent), English (read, write, speak), Polish (read, understand).

CV updated: 4 September, 2016

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